

2 + 2 Joint Articulation Transfer Agreement

Bachelor of Science in Exercise Science, Health Promotion, and Recreation (General Exercise Science)

**Colorado State University – Pueblo
And**

Arapahoe Community College

B.S. Requirements at CSU-Pueblo			A.S. Requirements at ACC		
Lower Division General Education Requirements			Equivalent Courses at ACC		
Course #	Course Title	Credits	Course #	Course Title	Credits
ENG 101	Composition I	3	ENG 121	English Composition I	3
ENG 102	Composition II	3	ENG 122	English Composition II	3
SPCOM 103	Speaking and Listening	3	COM 115	Public Speaking	3
Humanities	Select from statewide Gen Ed Core	6	Humanities	*Select from statewide Gen Ed Core *See Open Electives Section	6 + (3)
Social Science	Select from statewide Gen Ed Core	6	Social Science	Select from statewide Gen Ed Core	6
History	Select from statewide Gen Ed Core	3	History	Select from statewide Gen Ed Core	3
MATH 121	College Algebra	4	MAT 121	College Algebra	4
BIOL 223	Physiology & Anatomy I	3	BIO 201	Human Anatomy & Phys I	4
BIOL 223L	Physiology & Anatomy I Lab	1			
BIOL 224	Physiology & Anatomy II	3	BIO 202	Human Anatomy & Phys II	4
BIOL 224L	Physiology & Anatomy II Lab	1			
Subtotal		36	Subtotal		36
Core Course Requirements			Equivalent Courses at ACC		
AT 232	First Aid	2			
BIOL 112	Nutrition	3	HWE 100	Human Nutrition	3
EXHP 101	Introduction to EXHPR	2	PER 113	Intro to Physical Education & Sport	2
EXHP 162	Personal Health	3			
EXHP 162L	Personal Health Lab	1			
EXHP 222	Behavior Facilitation	3			
EXHP 343	Measurement and Evaluation	3			
EXHP 344	Exercise Physiology	3			
EXHP 344L	Exercise Physiology Lab	1			
EXHP 364	Kinesiology	3			
EXHP 461	Managing Programs in EXHPR	3			
Subtotal		25	Subtotal		5
General Exercise Science Requirements			Equivalent Courses at ACC		
AT 260	Care & Prevention of Athletic Injuries	3	PER 232	Care/ Prevention of Athletic Injuries	3
EXHP 201	Drugs and Healthy Lifestyles	3			
EXHP 436	Exercise Assessment & Leadership	3			
EXHP 494	Field Experience	6			
or	or				
EXHP 498	Internship	12			
Subtotal		15-21			3

13-19 credits from the following with a minimum of 4-10 upper division					
AT 279	Practicum in Athletic Training I	2			
AT 323	Functional Exercise Training	2			
EXHP 103L	Triathlon	1			
EXHP 105L	Snow Sports	1			
EXHP 106L	Martial Arts and Self-Defense	1			
EXHP 108L	Yoga	1	PED 147	Yoga	1
EXHP 109L	Volleyball	1			
EXHP 110L	Weight Training	1	PED 116	Weight Training	1
EXHP 111	Commitment to Academic Excellence	1			
EXHP 113L	Whitewater Boating	1			
EXHP 115L	Skiing	1	PED 141 or PED 142	Beginning Alpine Skiing or Advanced Alpine Skiing	1
EXHP 116L	Camping	1			
EXHP 117L	Backpacking	1			
EXHP 118L	Jogging	1			
EXHP 120L	Aerobics	1			
EXHP 175L	Racquetball	1			
EXHP 176L	Life Guard Training	1	PER 151	Lifeguard Training	2
EXHP 233	History and Principles of Physical Education and Recreation	2			
EXHP 243	Methods of Rhythmic Activities	2			
EXHP 245	Motor Learning and Development	3			
EXHP 288	Health Promotion Practicum	3			
EXHP 345	Methods of Physical Activities & Games I	2			
EXHP 346	Methods of Physical Activities & Games II	2			
EXHP 348	Methods of Individual and Dual Sports	3			
EXHP 382	Lifestyle Disease Risk Reduction	3			
EXHP 432	Applied Sport & Exercise Psychology	3			
EXHP 464	Adapted Physical Education	3			
EXHP 411	Commitment to Career Development	1			
EXHP 464	Adapted Physical Education	3			
EXHP 470	Methods of Coaching and Officiating	3			
EXHP 472	Coaching & Officiating Basketball	2			
EXHP 475	Coaching & Officiating Volleyball	2			
EXHP 482	Coaching & Officiating Wrestling	2			
EXHP 483	Coaching & Officiating Baseball	2			
EXHP 484	Coaching & Officiating Soccer	2			
EXHP 485	Methods in Health Promotion	3			
EXHP 494	Field Experience	1-5			
EXHP 498	Internship	12			
REC 100L	Wilderness Technical Skills	1			
REC 103	Winter Orientation	2			
REC 104	Desert Orientation	2			
REC 105	Canyon Orientation	2			
REC 240	Recreation Program Design	3			
REC 249	Challenge Course Leadership	2			

REC 270	Outdoor Leadership I	2			
REC 322	Wilderness First Aid	2			
REC 350	Leadership an Ethics	3			
REC 360	Outdoor Education	3			
REC 375	Research & Evaluation of Recreation	3			
REC 485	Recreation Facility Design/Mgmt	3			
Subtotal		13-19	Subtotal		5
Additional Related Requirements			Equivalent Courses at ACC		
CIS 100	Intro to Word and Windows	1	CIS 118	Introduction to PC Applications	3
CIS 103	PowerPoint and Web Publishing	1			
CIS 104	Excel Spreadsheets	1			
Subtotal		3	Subtotal		3
Additional Degree Requirements					
Open Electives	May be any Academic Discipline. Student must be sure to select enough Upper Division credits to meet the 40 hour Upper Division Requirement	20	*Humanities	*Select from statewide Gen Ed Core *3 credits carried over from the Gen Ed Humanities Core	3
			*BIO 111	*General College Biology I *This course is a prerequisite for BIO 201 listed in the Gen Ed Science Core	5
Subtotal		20	Subtotal		8
Total Credits Required for A.S.					60
Total Transfer Credit Accepted for A.S.					60
Total Additional Credit Required for B.S.					60
Total B.S. Requirements					120

Students who successfully complete this program as specified are eligible to apply for a *Destination CSU-Pueblo* scholarship.

This articulation transfer agreement replaces all previous agreements between ACC and CSU-Pueblo in Bachelor of Science in Exercise Science, Health Promotion and Recreation (General Exercise Science). This agreement will be reviewed annually and revised (if necessary) as mutually agreed.

cam: 12/04/09
revised: 06/13/10